



Be a Friend who Supports and Trusts Others

Description

Supplies

- [Positive Feedback template](#) for each student
- Pencils

Skill Builder



Lesson

1. Let the students know that the things we say to other people are very important. People remember things that other people say to them. Each of us has the power to make others feel good or bad with the words we use.
2. Ask students to share a time someone gave them praise for something they did. Follow-up by asking how that praise made them feel.
3. Ask students to raise their hand if someone has ever said something to them that was not kind and caring.
4. Follow-up by saying those types of words have the power to make people feel bad.

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5. Explain we always want to be supportive and kind to others. One simple way we can do this is by giving others positive feedback. Review the [Positive Feedback Skill Builder](#).

Praise the person for
what they did

Tell them how it
made you feel

8. Ask students to think back on the day/week and try to think of anything positive someone did for them. Have them practice sharing the positive feedback they could have given to that person in that situation.

Activity-Pass the Positives

1. Pass out one [Positive Feedback template](#) to each student.
2. Tell them to write their name, on the top of the page, after “Thank you.”
3. Group students together in groups of four.
4. Explain each person will be getting positive feedback from every other person in their group.
5. Let them know they will be passing the sheets around the circle. Everyone will have one minute to read the name at the top and think of positive feedback they want to give to that person. At the end of the minute they will pass them one person to the left. This will continue until each student gets their original sheet back.
6. Begin and allow one minute for them to write their positive feedback and announce when it is time to pass.
7. At the end, allow students a few minutes to read through all the positive feedback that the group has given them.

Category

1. Lesson Plans
2. Relationship Skills

Sel-competency-lessons

1. Relationship Skills

Grade-level

1. Grades 2-3